



The Lisa Lowe Centre
Specialist Psychological Therapies



Positive Mental Health

Title: Workshop 3 - Harmful addictive behaviour and the workplace

2.5 hour (20 places only)

Date: Wednesday April 25th

Time: 9.30 – 12 noon

Venue: Keyll Darree education Centre, Nobles Hospital, Strang, Braddan, IM4 4RH

Cost: £60 per person + VAT

Overview:

It can be difficult for an employee to reach out and ask for help, especially at work. Sometimes, this difficulty is a result of a perceived lack of support from employers or a sense of shame the employee might feel about the addiction. Nonetheless, it is important for employers to understand that assisting employees with addiction problems to reach out for help not only benefits the employee in terms of their physical, emotional, and mental health, it also benefits the organisation.

Presented by:

Professor Robin Davidson, a Consultant Clinical Psychologist who has published widely in Addictions and Health Psychology and Psycho-oncology. Robin has spearheaded our charity for the past 10 years and has developed a close bond with the Isle of Man. Professor Davidson's inclusive approach will make sure that everyone will benefit from the short workshop approach.

To book your places please email:

info@thecentre.im

For further information please visit:

www.thecentre.im/education
